

Talking about feelings



Talk in a circle. How would you feel if:

Your parent/carer told you that they were proud of you	You were mugged	Your parent/carer got cancer
You lost all your money	Your date got drunk at a party and went off with someone else	Your big brother beat you up
Your work was the best in the class	You didn't make the team	The girl you liked said yes when you asked her out
You couldn't understand the work	You ruined your designer trainers	Your friend was killed in a car crash
You were being bullied	You had an accident and lost the use of your legs	You won the lottery
Your clothes were rubbish	Someone stole your mobile	Your best friend moved away

Name the feeling and say why you would feel like this.



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